

Dog Sleep Chart from Puppy, Adolescent, Adult to Senior

Breed	Size	Energy	Puppy (hrs/day)	Adolescent (hrs/day)	Adult (hrs/day)	Senior (hrs/day)
Chihuahua	small	medium	18–20	14–16	12–14	14–16
Pomeranian	small	medium	18–20	14–16	12–14	14–16
Pug	small	low	18.5–21	14.5–17	12.5–15	14.5–17
Shih Tzu	small	low	18.5–21	14.5–17	12.5–15	14.5–17
Maltese	small	low	18–20	14–16	12–14	14–16
Yorkshire Terrier	small	medium	18–20	14–16	12–14	14–16
Miniature Dachshund	small	medium	18–20	14–16	12–14	14–16
Miniature Schnauzer	small	medium	18–20	14–16	12–14	14–16
French Bulldog	small	low	18.5–21	14.5–17	12.5–15	14.5–17
Boston Terrier	small	medium	18.5–21	14.5–17	12.5–15	14.5–17
Cavalier King Charles Spaniel	small	low	18–20	14–16	12–14	14–16
Papillon	small	medium	18–20	14–16	12–14	14–16
Bichon Frise	small	low	18–20	14–16	12–14	14–16
Havanese	small	low	18–20	14–16	12–14	14–16
Pekingese	small	low	18.5–21	14.5–17	12.5–15	14.5–17
Italian Greyhound	small	medium	18–20	14–16	12–14	14–16
Miniature Pinscher	small	high	17–19.5	13–15.5	11–13.5	13–15.5
Toy Poodle	small	medium	18–20	14–16	12–14	14–16
Jack Russell Terrier	small	high	17–19.5	13–15.5	11–13.5	13–15.5
Parson Russell Terrier	small	high	17–19.5	13–15.5	11–13.5	13–15.5
Lhasa Apso	small	low	18–20	14–16	12–14	14–16
American Eskimo (Miniature)	small	medium	18–20	14–16	12–14	14–16
Beagle	medium	medium	18–20	14–16	12–14	14–16
Cocker Spaniel (American)	medium	medium	18–20	14–16	12–14	14–16
Cocker Spaniel (English)	medium	medium	18–20	14–16	12–14	14–16
Border Collie	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
Australian Shepherd	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
Bulldog (English)	medium	low	18.5–21	14.5–17	12.5–15	14.5–17
Standard Schnauzer	medium	medium	18–20	14–16	12–14	14–16
Staffordshire Bull Terrier	medium	medium	18–20	14–16	12–14	14–16
American Staffordshire Terrier	medium	medium	18–20	14–16	12–14	14–16
Whippet	medium	medium	18–20	14–16	12–14	14–16
Basenji	medium	medium	18–20	14–16	12–14	14–16
Brittany	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
Keeshond	medium	medium	18–20	14–16	12–14	14–16
Shetland Sheepdog	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
English Springer Spaniel	medium	medium	18–20	14–16	12–14	14–16
Welsh Corgi (Pembroke)	medium	medium	18–20	14–16	12–14	14–16
Welsh Corgi (Cardigan)	medium	medium	18–20	14–16	12–14	14–16
Shiba Inu	medium	medium	18–20	14–16	12–14	14–16
Australian Cattle Dog	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
Portuguese Water Dog	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
American Eskimo (Standard)	medium	medium	18–20	14–16	12–14	14–16
Basset Hound	medium	low	18–20	14–16	12–14	14–16
Chinese Shar-Pei	medium	low	18.5–21	14.5–17	12.5–15	14.5–17
Chow Chow	medium	low	18–20	14–16	12–14	14–16
Norwegian Elkhound	medium	medium	17–19.5	13–15.5	11–13.5	13–15.5
Pharaoh Hound	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
Kerry Blue Terrier	medium	medium	18–20	14–16	12–14	14–16
Airedale Terrier	medium	high	17–19.5	13–15.5	11–13.5	13–15.5
American Water Spaniel	medium	medium	18–20	14–16	12–14	14–16
Labrador Retriever	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Golden Retriever	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
German Shepherd Dog	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Boxer	large	medium	18.5–21	16.5–19	14.5–17	15.5–19
Standard Poodle	large	medium	18–20	16–18	14–16	15–18
Dalmatian	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Siberian Husky	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Vizsla	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Weimaraner	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Doberman Pinscher	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Belgian Malinois	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Rottweiler	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Rhodesian Ridgeback	large	medium	18–20	16–18	14–16	15–18
German Shorthaired Pointer	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Chesapeake Bay Retriever	large	high	17–19.5	15–17.5	13–15.5	14–17.5
English Setter	large	medium	18–20	16–18	14–16	15–18
Gordon Setter	large	medium	18–20	16–18	14–16	15–18
Irish Setter	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Samoyed	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Akita	large	medium	18–20	16–18	14–16	15–18
Alaskan Malamute	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Greyhound	large	medium	18–20	16–18	14–16	15–18
Afghan Hound	large	medium	18–20	16–18	14–16	15–18
Collie (Rough/Smooth)	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Old English Sheepdog	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Cane Corso	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Bloodhound	large	medium	17–19.5	15–17.5	13–15.5	14–17.5
Flat-Coated Retriever	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Nova Scotia Duck Tolling Retriever	large	high	17–19.5	15–17.5	13–15.5	14–17.5
Great Dane	giant	low	18–20	16–18	16–18	16–20
Mastiff (English)	giant	low	18–20	16–18	16–18	16–20
Bullmastiff	giant	low	18–20	16–18	16–18	16–20
Saint Bernard	giant	low	18–20	16–18	16–18	16–20
Newfoundland	giant	low	18–20	16–18	16–18	16–20
Great Pyrenees	giant	low	18–20	16–18	16–18	16–20
Bernese Mountain Dog	giant	medium	18–20	16–18	16–18	16–20
Anatolian Shepherd	giant	medium	17–19.5	15–17.5	15–17.5	15–19.5
Irish Wolfhound	giant	low	18–20	16–18	16–18	16–20
Scottish Deerhound	giant	low	18–20	16–18	16–18	16–20
Leonberger	giant	medium	18–20	16–18	16–18	16–20